

## CalWORKs Fall 2020 Schedule of Events

CalWORKs Students: Please choose two events to attend within the Fall 2020 semester.

All workshops are scheduled via the following Zoom link: https://laccd.zoom.us/j/547902251

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	Friday	August 28, 2020 10:00 AM - 11:00 AM
Remote Learning Support	This workshop introduces students to different distance learning platforms e.g.: CANVAS, ZOOM, ConexED including Cranium Café, and others based on request.	
	Tuesday	September 15, 2020 1:00 PM – 2:00 PM
Financial Aid	What are Financial Aid options? What is a grant or scholarship? What is the Free Application for Federal Student Aid (FAFSA®)? During this workshop students have a chance to get answers to similar questions and additional updates.	
	Every Friday	9:00 AM - 11:00 AM
CalWORKs Forms	This workshop is intended to guide CalWORKs students on how to appropriately fill out various CalWORKs/DPSS forms.	
	Wednesday	September 23, 2020 11:00 AM - 12:00 AM
CalFresh	The CalFresh program is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table. The purpose of this workshop is to discuss the details of the program's eligibility requirements and application process.	
	Wednesday	September 30, 2020 11:00 AM - 12:00 AM
Study Skills & Time Management	This workshop offers tips, tools and practices to help students balance their class schedule with personal and work obligations. It provides techniques for effective note taking, exam preparation, and reading strategies.	
	Thursday	October 8, 2020 1:00 PM - 2:00 PM
Major Exploration	This workshop guides and explains majors offered at LAVC.	
	Wednesday	October 14, 2020 11:00 AM - 12:00 AM
Interview Skills & Resume Building	This workshop explores interview preparation, appropriate attire, and body language for successful job hunting and interviewing. It briefly introduces effective resume writing skills.	
	Wednesday	October 21, 2020 11:00 AM - 12:00 AM
Noncredit to Credit Transition	This workshop is intended for English language learners. A Counselor/ESL Specialist will explain in detail the transition process from Non-Credit ESL to Credit ESL courses at LAVC.	
	Wednesday	October 28, 2020 10:00 AM - 12:00 AM
CSU Application Process (including EOP supplemental application)	This workshop guides students through the CSU application process as well as it provides directions to the EOP portion of the application.	
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	Thursday	November 5, 2020 1:00 PM - 2:00 PM
UC Application Process	Thursday  This workshop guides students th	

**Stress Management**This workshop is intended to assist students who may be expressing difficulties finding a balance between their different roles in life and discusses different resources that may be utilized based on individual need.