



**Los Angeles Valley College
College Bulletin
May 10-16, 2009**



Come and Discuss *Authentic Happiness* at the LAVC Book Group

Come and find out how to get happy and stay that way! The **LAVC Book Group will meet on Monday, May 11 from 1-2 p.m. in the Fireside Room** to discuss the book *Authentic Happiness* by Martin Seligman. This is the last “book chat” of the Spring semester. Cookies and beverages will be provided. For more information, contact Deborah Kaye at (818) 947-2569.



Do You Want to Incorporate Solar Electricity into your Curriculum? RSVP by May 12.

LAVC and the Interstate Renewable Energy Council (IREC) will present a **Solar Energy Teacher Prep Workshop on Friday, May 22 from 8:30 a.m.-11 a.m. in Engineering 113**. The half-day workshop is for faculty who want to incorporate the topics of solar electricity (photovoltaics) and energy efficiency into their curriculum. Subjects to be covered include: the “Whole Structure” approach, steps in setting up a solar electricity instructional program, curriculum development, instructional resources, securing local support, establishing a job placement network, and much more. Breakfast will be served. The **deadline to RSVP is Tuesday, May 12**. To RSVP or for more information, contact Ron Reis at (818) 947-2582 or email reisra@lavc.edu.



Attention Faculty! Want to Learn How to Incorporate Technology into Your Teaching?

The LAVC Technology Training and Distance Learning and LAVC Professional Development will present several professional development workshops during the week of May 10-16. Technology Training and Distance Learning will offer a ***“Using Multimedia in Distance Learning” Workshop on Tuesday, May 12 from 1:30-3 pm in the Cafeteria Conference Room.*** This workshop will examine how multimedia can be used to stimulate learning in online classes by using audio and video sources, creating your own audios and videos, accessing sites to upload self-produced audio and videos, and embedding audio and video in sections, discussions and the opening page. It will also offer a ***“PC Programs: VideoMaker” Workshop on Wednesday, May 13 from 1-2:30 pm in the Professional Development Center (Bungalow 83).*** This workshop is an introduction to a free video editing program, which will allow you to take clips from your video camera and create your own movies. Professional Development will present a ***“Using Technology in the Classroom Workshop on 20 Minute Roundtable on Effective Teaching Strategies” on Thursday, May 14 at 1 p.m. in the Professional Development Center (Bungalow 83).*** Technology Training and Distance Learning will hold an ***“Assessing Online Learning” Workshop on Thursday, May 14 from 1:30-3 pm in the Cafeteria Conference Room,*** which will demonstrate a variety of tools and strategies to accurately assess student learning. Participants will learn how to use the test/task/survey tool of Etudes, create useful questions pools, use C.A.T.S. assessments, and utilize group project tools such as Google docs. For information on the Distance Learning Academy workshops, contact Jim Marteney at martenji@lavc.edu or visit the Virtual Valley Web site at www.lavc.edu/virtualvalley/tdl.html. For information on the Professional Development workshop, contact Deborah Kaye at (818) 947-2569.



LAVC Child Development Co-Sponsors a Children’s Book Authors Panel Symposium

The LAVC Child Development Department and the Los Angeles Public Library’s Studio City Branch will host an authors panel discussion entitled “Why I Write Books for Children” on Thursday, May 14 from 4-5:30 p.m. at the Meeting Room of the Studio City Branch Library at 12511 Moorpark St in Studio City. Authors Tim Egan, Ian Ogilvy and Sharon Sharth will discuss how they became writers and why they choose to write books for children. For more information, please contact the LAVC Child Development Department at (818) 947-2407.



“Find the Equation to Good Health” at the annual LAVC Health Fair!

The LAVC Student Health Center will hold its ***annual Health Fair on Wednesday, May 13 from 9 a.m.-1:30 p.m. in Monarch Square.*** This year’s theme is “Mind + Body + Soul: Find the Equation to Good Health”. Community and campus resources will be on-hand to provide health education and prevention materials and free screenings. There will be food and raffle prizes! Free popcorn will be provided at the ***free screening of “Choose Life or Choose Meth” from 10-11 a.m. in the Fireside Room.*** This educational documentary is designed to prevent first-time use of Methamphetamines. The Student Health Center will also hold a ***“Mindfulness, Chocolate and Stress Management” workshop from 12 noon-1 p.m. in the Fireside Room.*** Students will learn quick and fun ways to better manage stress using quick 5-minute

exercises that will help them in their hectic work and school schedules. The workshop will also provide tips on practicing in breathing, chocolate meditation, and ways to keep organized during the semester. Lunch will be served on a first-come, first-serve basis. For more information on the Health Fair and related events, contact the Student Health Center at (818) 947-2918.



You're Invited to the Sustainability Workshop on "Transportation & Travel"

The LAVC Sustainability Group, VTEA, Academic Senate and VCAP will present an **LAVC Sustainability Boot Camp workshop on "Transportation & Travel" on Friday, May 15 from 1-2:30 p.m. in the Monarch Den**. Faculty and staff will learn ways to "get around more softly". Refreshments will be served; remember to bring your own mug for coffee and tea. The final LAVC Sustainability Boot Camp workshop on Shopping and Food will be held on May 22. Individuals who attend at least 5 workshops will receive a comprehensive workbook, a "Green Ambassador" lapel pin and a Sustainability Certificate. Sign up today, space is limited! To RSVP, contact Roana Thornock at (818) 947-2455 or thornorm@lavc.edu. For more information, visit www.lavc.edu/gogreen/.



LAVC Dance Presents "Let It Roll" Spring Dance Concert

The LAVC Dance program will present its Spring Dance Concert entitled "Let It Roll" on Friday, May 15 and Saturday, May 16 at 8 p.m. in the Mainstage Theater. This performance will feature LAVC student dancers, LAVC faculty, and guest artists. Tickets are \$12 for general admission, and \$10 for students. For more information, contact (818) 947-2908 or visit www.lavc.edu/dance.

Additional news items are posted at www.lavc.edu/campusnews/index.html

Please Announce to All Students

The following are important campus announcements for your students:

- **LAVC Health Fair is Here!** The LAVC Student Health Center will hold its annual health fair on Wednesday, May 13 from 9 a.m.-1:30 p.m. in Monarch Square. This year's theme is "Mind + Body + Soul: Find the Equation to Good Health". Community and campus resources will be on-hand to provide health education and prevention materials and free screenings. There will also be food and raffle prizes!!! For more information, call the Student Health Center at (818) 947-2918.
- **Want Free Popcorn & a Movie? Come Watch "Choose Life or Choose Meth".** The LAVC Student Health Center will present a free presentation of "Choose Life or Choose Meth", an educational documentary aimed at preventing first-time use of Methamphetamine, on Wednesday, May 13 from 10-11 a.m. in the Fireside Room. Come learn more about this important topic and enjoy some popcorn on us!! For more information, call the Student Health Center at (818) 947-2918.
- **You're Invited to a Stress Management Workshop.** Come learn quick and fun ways to better manage stress using quick 5-minute exercises at the "Mindfulness, Chocolate and Stress Management" workshop on Wednesday, May 13 from 12 noon-1 p.m. in the Fireside Room. The LAVC Health Center will share information on how to take mini-mindfulness breaks into hectic work and school schedules to reduce stress and increase

focus and relaxation, practice in breathing and chocolate meditation, and gain tips on how to keep organized during the semester. Lunch will be served on a first-come, first-serve basis. For more information, call the Student Health Center at (818) 947-2918.

- **LAVC Art Gallery Exhibition Ends May 14.** The LAVC Art Gallery is presenting a free exhibition of oil painting done on vinyl records by Margarete Hahner from now until May 14. The Art Gallery is open Monday-Thursday from 11 a.m.-2 p.m. and 6-9 p.m. For more info, visit www.lavc.edu/arts/artgallery.html
- **Want to learn why authors write books for children?** The LAVC Child Development and the L.A. Public Library's Studio City Branch will host a "Why I Write Books for Children" Authors Panel Symposium on Thursday, May 14 from 4-5:30 p.m. at the Studio City Branch Library's Meeting Room at 12511 Moorpark Street in Studio City. Authors Tim Egan, Ian Ogilvy and Sharon Sharth will share how they became writers and why they chose to write books for children. For more information, contact the Studio City Branch Library at (818) 755-7873 or call the Child Development Department at (818) 947-2407.
- **Want to Win a Black History Scholarship for \$250?** The ASU is giving two \$250 Black History Scholarships. To be eligible, you must have a 2.7 GPA, have been enrolled in at least 6 units, provide their unofficial transcripts, and write a 500-word double-spaced essay on one of the following topics: (a) write about a popular leader and his or her impact on the African American community, or (b) write about the significance of the quote "Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed" by Booker T. Washington in regards to black history. Applications must be turned in by Thursday, May 14 and the winner will be announced on Thursday, May 18. For more info, visit the ASU office in Campus Center 104 or call (818) 778-5516.
- **You're Invited to the LAVC Spring Dance Concert on May 15 & 16.** The LAVC Dance program will present its Spring Dance Concert entitled "Let It Roll" on Friday, May 15 and Saturday, May 16 from 8-10 p.m. in the Mainstage Theater. This dance concert will feature performances by LAVC students and faculty, and guest artists. Tickets are \$12 for general admission, and \$10 for students. Free parking will be available in Parking Lot B and College Road North. For more information, visit, www.lavc.edu/dance. Questions? Please email Geordie Wright at wrightga@lavc.edu or call (818) 947-2908.
- **Open ASU positions available. Apply today!** The Associated Student Union (ASU) has the following positions available: Commissioner of Evening Division, Treasurer, Chief Justice, Parliamentarian, Secretary, and Inter Club Council (ICC) Representative. To apply, visit the ASU office in Campus Center, Room 102. Questions? Contact Elizabeth Ortiz, ASU Adviser, at (818) 947-2361.
- **Attention Graduating Students! Are You Transferring to a College or University this Fall?** We'd like to recognize our graduating students who will be transferring to four-year colleges and universities this Fall on the college's electronic marquee. If you'd like to share where you're transferring to, please send an email with your name, the school you are going to, and your student ID number to fongjc@lavc.edu by June 1.

Other News & Announcements

You're Invited to a "Coffee & Conversation with Shelley Berman". Hillel 818 will hold a "Coffee & Conversation with Shelley Berman" on Sunday, May 17 from 4-6 p.m. at the Milken Jewish Community Campus at 22622 Vanowen Street in West Hills. Light refreshments will be served. The event co-chairs are Esther Cohen and Eileen Pearl. Proceeds from the event will support innovated programming for Jewish students at Cal State Northridge, Pierce College and Los Angeles Valley College. Tickets are \$36 for preferred seating purchased in advance, \$25 for general admission purchased in advance, \$30 general admission at the door, and \$10 for students with ID. For more information and to purchase advance tickets, visit www.hillel818.org.

Save the Date – Above & Beyond Awards and Ice Cream Social on May 21. Don't miss the annual Above & Beyond Awards and Ice Cream Social on Thursday, May 21 from 1:30-3 p.m. in Monarch Hall. This year, we will be giving awards for the categories of "Just Do It", "Creativity in the Workplace", "Hard Hat Heroics" (new!), "Outstanding Service/Mentoring to Students" and "Personal Leadership to Others". Service Pins and retirement certificates will also be given out. All faculty and staff are invited to attend. For more information, contact Arlene Stein at (818) 947-2339.

Next LAVC Job Club Meeting. The LAVC Job Club will meet on Friday, May 22 from 9 am-12 noon in the Cafeteria Conference Room. This group provides a golden opportunity to view job openings, network with fellow job seekers and

explore proven job search techniques. It is an excellent springboard towards future employment. For more information, contact the Job Training Center at (818) 947-2941 or visit www.lavc.edu/jobtraining/jobclub.html.

Final Sustainability Boot Camp Workshop on "Shopping and Food". The LAVC Sustainability Group, VTEA, Academic Senate and VCAP will present its final LAVC Sustainability Boot Camp workshop on "Shopping and Food" on Friday, May 22 from 1-2:30 p.m. in the Monarch Den. Refreshments will be served; remember to bring your own mug for coffee and tea. Individuals who attend at least 5 workshops will receive a comprehensive workbook, a "Green Ambassador" lapel pin and a Sustainability Certificate. Sign up today, space is limited! To RSVP, contact Roana Thornock at (818) 947-2455 or thornorm@lavc.edu. For more information, visit www.lavc.edu/gogreen

Free Booth for LAVC Departments/Programs at the Mega Job Fair & Community Outreach 2009. Don't wait! There are only a limited numbers of free booths available at the "Mega Job Fair & Community Outreach 2009" event on Wednesday, May 20 in Monarch Square from 9 a.m.-2 p.m. This free event will include vendors, job preparation workshops, a health fair, a book mobile, entertainment, kid's activities, refreshments and more! If any LAVC department, service or program would like to have a free booth at this event, please contact Tony Jaramillo at (818) 947-2941.

Monarch Day Camp Discount for LAVC Faculty and Staff. The LAVC Community Services will give a 10% discount for Monarch Summer Camps (only day and specialty day) for children of LAVC faculty and staff. This discount is not valid for adventure camps, travel camps or special programs or super saver rates. The Monarch Day camp is for children 5 and older and will be held June 22-August 14. For more information about all the Monarch Summer Camps, visit www.lavc.edu/monarchdaycamp/index.html. If you have questions regarding the program or discount, contact Community Services at (818) 947-2577 ext 4172.

Activities this Week

There may be a charge to attend the below events, please contact the listed department/contact person for more detailed information. A complete list of campus events is posted on the calendar at www.lavc.edu, including a complete faculty/staff calendar.

Sunday, May 10

Deadline to drop Spring 2009 classes with a "W" (by telephone and Internet)

Monday, May 11

SUMMER SESSION 1 2009 First Day to Register by Telephone or Internet for New and Returning Students (by appointment)

LAVC Art Gallery Presents "Seen But Not Heard: Paintings by Margarete Hahner" Exhibition @ 11 am- 2 pm & 6-9 pm (Art Gallery) - Contact: (818) 778-5536 www.lavc.edu/arts/artgallery.html

LAVC Book Group (Discussion of *Authentic Happiness* by Martin Seligman) @ 1-2 pm (Fireside Room); Contact: Professional Development (818) 947-2569

Tuesday, May 12

Bilingual Parent & Baby Session (for Infants & Toddler) @ 10:30- 11:30 am (Bungalow 49); Free - Contact: Family Resource Center (818) 778-5518 weislekm@lavc.edu [View Flyer](#) (PDF)

Sessions de Padres y Bebés En Español (Para Bebés y Niño Pequeño) @ 10:30- 11:30 am (Bungalow 49); Gratis - Contact: Family Resource Center (818) 778-5518 weislekm@lavc.edu [View Flyer](#) (PDF)

LAVC Art Gallery Presents "Seen But Not Heard: Paintings by Margarete Hahner" Exhibition @ 11 am- 2 pm & 6-9 pm (Art Gallery) - Contact: (818) 778-5536 www.lavc.edu/arts/artgallery.html

Parent & Baby Session (for Toddlers) @ 12:30- 1:30 pm (Bungalow 49); Free - Contact: Family Resource Center (818) 778-5518 weislekm@lavc.edu [View Flyer](#) (PDF)

"Using Multimedia in Distance Learning" Workshop sponsored by Technology Training and Distance Learning @ 1:30- 3 pm (Cafeteria Conference Room) - Contact: Jim Marteney martenji@lavc.edu www.lavc.edu/virtualvalley/tld.html

Wednesday, May 13

LAVC Health Fair "Find the Equation to Good Health" sponsored by Student Health Center @ 9 am- 1:30 pm (Monarch Square); Free - Contact: (818) 947-2918

Free Movie and Popcorn (Screening of "Choose Life or Choose Meth") sponsored by Student Health Center @ 10-11 am (Fireside Room); Free - Contact: (818) 947-2918

LAVC Art Gallery Presents "Seen But Not Heard: Paintings by Margarete Hahner" Exhibition @ 11 am- 2 pm & 6-9 pm (Art Gallery) - Contact: (818) 778-5536 www.lavc.edu/arts/artgallery.html

"Mindfulness, Chocolate, and Stress Management" Workshop sponsored by Student Health Center @ 12 noon- 1 pm (Fireside Room); Free - Contact: (818) 947-2918

Music Department Presents "Sam Hill Duo" @ 1 pm (Music Recital Hall - M106); Free - Contact: (818) 778-5633 www.lavc.edu/music

"PC Programs: VideoMaker" Workshop sponsored by Technology Training and Distance Learning @ 1-2:30 pm (Professional Development Center) - Contact: Jim Marteney martenji@lavc.edu www.lavc.edu/virtualvalley/tld.html

Thursday, May 14

LAVC Art Gallery Presents "Seen But Not Heard: Paintings by Margarete Hahner" Exhibition @ 11 am- 2 pm & 6-9 pm (Art Gallery) - Contact: (818) 778-5536 www.lavc.edu/arts/artgallery.html

Parent & Baby Session (for Infants) @ 1-2 pm (Bungalow 49); Free - Contact: Family Resource Center (818) 778-5518 weislekm@lavc.edu [View Flyer](#) (PDF)

"Using Technology in the Classroom Workshop (20 Minutes Roundtable on Effective Teaching Strategies)" sponsored Professional Development @ 1 pm (Professional Development Center) - Contact: Professional Development (818) 947-2712 profdev@lavc.edu

"Assessing Online Learning" Workshop sponsored by Technology Training and Distance Learning @ 1:30- 3 pm (Cafeteria Conference Room) - Contact: Jim Marteney martenji@lavc.edu www.lavc.edu/virtualvalley/tld.html

Friday, May 15

Get Green Fast! Sustainability Series Boot Camp for Faculty and Staff ("Transportation and Travel" - Get around more softly) sponsored by VTEA, LAVC Sustainability Group, Academic Senate, and VCAP @ 1-2:30 pm (Monarch Den); RSVP - Contact: Roana Thornock (818) 947-2455 www.lavc.edu/gogreen/flyer.html

LAVC Music Department Presents "LAVC Guitar Ensemble" @ 8 pm (Music Recital Hall - M106); Tickets: \$10 general admission – Contact: (818) 778-5633 www.lavc.edu/music

LAVC Dance Program Presents "Spring Dance Concert - Let it Roll" @ 8 pm (Main Stage Theater); Tickets: \$12 general admission, \$10 students - Contact (818) 947-2908 www.lavc.edu/dance/calendar.html

Saturday, May 16

LAVC Dance Program Presents "Spring Dance Concert - Let it Roll" @ 8 pm (Main Stage Theater); Tickets: \$12 general admission, \$10 students - Contact (818) 947-2908 www.lavc.edu/dance/calendar.html

Committee Meetings

LAVC has several committees that meet on a regular basis. A schedule of all LAVC committee meetings is available at <http://www.lavc.edu/committees.html>. This link contains meeting dates, committee chair contact info, and committee Web pages. For more information regarding a specific committee, please contact the committee chair noted below the committee name.

The LAVC College Bulletin is distributed to the campus community every Wednesday for the following week's activities and events.

A PDF version is also posted on the LAVC Web site every Friday.

To submit a request to post news items/events in the College Bulletin, post a message on the campus marquee and/or for other kinds of public relations assistance, please submit a PR Request Form, which is available at <http://www.lavc.edu/campusnews/pr.html>

Available in alternate media formats